



Galt Horticultural Society
Ferguson Cottage Est. 1991

Join us Monday April 25, 2022 @ 7:00 PM for our next General Meeting!

Denise Hodgins will be speaking to us about 'Strangers in the Garden'.



Denise is a former college instructor who enjoys the opportunity to continue "teaching" through being a Garden Coach. Many homeowners are eager to learn more about their own gardens and how to care for them as well as how to take them to the next level. As a Garden Coach and Designer, she has over 30 years of design experience. Denise has had the opportunity to work in many areas within the horticultural industry from Historical Landscaper to Head Gardener at Rosebank in Lambeth, Ontario, greenhouse plant production and many years on a landscape crew both in northern Ontario and here in London building and maintaining both residential and commercial properties.

Join Zoom Meeting

<https://us02web.zoom.us/j/84901140502?pwd=SDNVaUpKNGdXTediVVhzcXh4VVZxQT09>

Meeting ID: 849 0114 0502

Passcode: 386424

Zoom Tips

Please use the "Mute" option and keep yourself in Mute unless you are speaking.

You can turn off your webcam by using the "Stop Video" option.

If you find the video or sound is breaking up, use the "Stop Video" option. Your computer will use less bandwidth since it's not projecting your video and that can help the quality.

If you wish to see only the person speaking, select the "Speaker View".

If you wish to see only the presenter when screen share is on, select the “Active Speaker Video” option (in the tool bar where the participant windows are).

If you don't have a webcam, you can join and you'll see everything on your screen. We won't be able to see you, but we can hear you.

If you don't have a speaker, or if you don't wish to speak out loud, use the “Chat” option.

You can also connect by dialing in on telephone, so that you can listen to the meeting.

And The Winner Is...GHS March 2022 Photo Contest!

Congratulations to **Lindsay Forde** as the winner of our March Photo Contest! Lindsay submitted photo #2 'Benny getting into gardening'.



Thanks to all of our members who participated in our January contest.

Don't forget to send in your photos for our [GHS April Photo Contest... 'What's Starting To Grow In Your Gardens?'](#)



Share your photos by sending them in with **[“GHS April Photo Contest... 'What's Starting To Grow In Your Gardens?’”](#)** in the subject line to lynne@galthort.com by April 16th @ 6pm.

The list of photos will be sent out and **voting will take place between April 17th – 23rd. The winner will be announced at our April 25th meeting.**

GHS April Online Auctions

We have a number of terrific items coming up for bidding. [Join our Facebook group to view what items we have up for grabs and place your bids!](#)

Our current item...**Auction #10 Bucket Hats!** Ready, set, Sun! Your choice of size and fabric, a real bespoke sunhat. **Stitched by Granny!** These retail for \$35 but we're starting the Auction at \$20. As usual, bidding closes on Monday, April 4th at 6 p.m. Good luck!



<https://www.etsy.com/ca/shop/StitchedbyGranny>

Distinct bucket hats, mealtime bibs and bandana bibs for trendy children and people who love them. Adult sized bucket hats now available! Environmentally conscious use of recycled material. All items hand crafted with love in Guelph, Ontario, Canada in limited quantities using locally sourced materials, whenever possible. Watch for updated inventory and new products regularly.

<https://www.facebook.com/stitchedbygranny/>

<https://www.facebook.com/groups/galthort>

GHS Tree Pruning Workshop

Do you want to learn how to prune correctly?



Join us at Ferguson Cottage on **Friday April 15 at 9:30 am**. Josh Doey from Canopy Crawler will demonstrate tree pruning techniques using the crab apple trees. After the demonstration you will have the opportunity to practice what you have learned. We will break out in groups and get some hand on pruning experience guided by Josh. Bring any pruning equipment you have. No registration is necessary but **participation is limited to GHS members**. Josh will be available to answer all your pruning question

GHS Plant Sale Is Coming!

Mark your calendar! Our spring plant is to be held **on Saturday May 7th from 9:00 am – 11:30 am at Ferguson Cottage**. Watch your emails for more information.



GHS Quebec Bus Trip Information

Please see the attached information about the fantastic Quebec bus trip we have planned in August! It is recommended to register early to reserve your ticket. If you have any questions please feel free to contact Nancy Smith at nancy@galthort.com.



GHS Membership Talent Showcase

So many of our members have different talents. The GHS would like to showcase our membership talents! These include anything from **sewing, needlework, painting,**

woodworking, knitting, pottery, photographing, quilting, crocheting, flowering pressing, crafting, baking, canning/preserves, art, sculpting, poetry...and so many more talents. Send in your photos to Lynne at lynne@galthort.com with a bit of a blurb about what you love to do! We will include your submissions into our monthly newsletters.

Membership Has Its Benefits!!



The Galt Horticultural Society's membership is continuing to grow!

Encourage fellow gardeners, family and friends to become a part of a historical society.

Membership gives everyone the opportunity to make new friends, learn about horticulture/gardening and remain engaged with other gardeners.

The cost is only \$15 (single) & \$25 (couple).

Please visit our website at www.galthort.com to join and like us on our FB page!

Click here to see the current list of retailers offering GHS members a discount on their purchases! <https://galthort.com/aboutmembership/>

GHS Member Recipes



CHICKEN ORZO SOUP WITH CORIANDER & DILL

Lemony Chicken Orzo Soup with Coriander & Dill, a healthy flavorful soup that can be made with leftover chicken (or chicken breast) and chicken stock. Bright and springy, this soup is tangy and delicious!



Ingredients

1 left-over roasted chicken with at least 1-2 cups meat left on it. (Or sub 8–12 ounces chicken breast and 8 cups chicken stock -see notes)

10 cups water

2 Bay leaves

2 tsp salt, more to taste

1 extra-large onion or leek, diced

4 cloves garlic, rough chopped

1 cup diced celery

1 cup diced carrots

1–2 tablespoon olive oil

2 tsp toasted coriander seeds (or ground is fine)

¼–½ cup fresh lemon juice (from 2 lemons) and zest from 1–2 lemons (1 tablespoon) Meyer lemons are nice.

1 cup dry orzo (If you want thicker soup you could add 1/2 – 1 cup more orzo.

Basically, if you are serving all the soup right away, use more orzo. If you are saving some soup for the next day, the orzo will quadruple in size leaving you with no broth. Up to you.)

¼ cup chopped dill, more for garnish

Garnish: Dollop Sour Cream (optional) and sprig of dill

Instructions

Pour 10 cups water over chicken carcass w/ 2 bay leaves and 2 tsp salt and simmer covered for 1 hour. (You could do this ahead and store in the fridge overnight.) See notes if using chicken breasts and stock.

Strain over a large bowl, reserving stock and meat. Let cool. With your fingers, separate meat from the bones, discarding the bones, and breaking up the meat into smaller bite size pieces.

You should have 1-2 cups of chicken meat left. With your fingers, double and triple check for small bones.

In a heavy bottom pot, sauté onion in oil, over medium heat until tender, about 5 minutes.

Add garlic, celery and carrots. Once celery is tender add in the chicken stock and the chicken meat.

Toast your Coriander seeds and crush them and add them to the soup along with lemon zest.

Bring to a simmer.

Add Orzo and let simmer uncovered stirring occasionally for about 10-15 minutes. At this point soup will still seem pretty brothy, but it will thicken up.

Once the orzo is cooked through, add a 1/4 C chopped fresh dill and juice from one lemon. Taste and add more salt and lemon to taste.

You want to taste the lemon! Serve in a bowls with a dollop of sour cream and a sprig of fresh dill.

Enjoy!

For Your Interest...



Here are some links to interesting articles, webinars and activities...

The Ontario Horticultural Society (OHA) will be hosting an Earth Day Celebration on April 22nd at 7 pm via WebEx.

They have an excellent evening planned for you!

- **Introduction to Agra-Wool - a no-foam option**

- **Easy DIY Floral Design by Rose Odell**
- **Special Guest Speaker, Sean James on "Soil, and the things living in it"**

Sean James was named by Landscape Ontario as 2020 and 2021's Garden Communicator of the Year. Gardening has been Sean James' hobby and profession for almost 40 years. A graduate of Niagara Parks School of Horticulture, a Master Gardener, writer, and teacher, Sean focuses on eco-gardening techniques, which makes sense since he grew up surrounded by nature near Crawford Lake in Campbellville.

All are welcome to join us, however it will be a first come, first served basis on the WebEx account. Registration will not be required.

***Webex Login information will be shared to all Societies/Clubs on April 15th!
This talk will not be recorded, so don't miss out!!***

Share your love for nature with fellow nature lovers this Earth Day by joining us!
Please find attached more details on this exciting event!!



Canadians, whether you already enjoy gardening, recently discovered the pleasure of spending time in a garden because of the pandemic or want to learn more about how gardens impact so much of life, there is something for everyone to commemorate our country's rich garden heritage and create important legacies for a sustainable future.

Discover the many ways you can celebrate today's vibrant garden culture at home, at work, in school, in your community, and at public gardens across the country from the Planter's Moon in the spring of 2022, to the Frost Moon in the fall.

Click here for more information <https://livethegardenlife.gardenscanada.ca/> and

<https://mailchi.mp/ec2315300854/2022-march-newsletter-english?e=bc14a2c619>

10 Neat Things About Sunflowers



1. Sunflowers for Ukraine.

Sunflowers grow well in Ukraine, owing to its hot dry summers. The flower was widely planted by Peter the Great in the 1700s, and by 1830, it was pressed into commercial production of sunflower oil. When the Orthodox Church did not prohibit sunflower oil along with most other oils during Lent, the popularity was secured. The flower is recognized as a national symbol of Ukraine, and the status has solidified during the conflict with Russia.



2. Sunflowers in their pockets.

A video has gone viral of a Ukrainian woman giving a Russian soldier sunflower seeds to put in his pockets so that they will grow where he dies. The soldier wasn't impressed, but the Twittersphere has been.



3. North American native.

Sunflowers hail from North and Central America. There is evidence that they have been domesticated since 2100 BCE and it is thought that they've been in cultivation for as long as 5000 years for oil production.



4. Back to North America.

Bizarrely, growing sunflowers in Canada and the US became popular for more recent generations with Ukrainian and Russian immigration -- they brought the flower with them!



5. Annuals and perennials.

When you think of sunflowers, you probably picture the annual tall golden daisy flower also known as *Helianthus annuus*. There are around 70 different species of *Helianthus*, though, both annual and perennial. One of the best-known perennial species is *H. tuberosus*, the Jerusalem artichoke.



6. How many flowers?

What we consider one sunflower is actually tens or hundreds of flowers. The central disk is made up of these flowers or florets. All daisy-style flowers are like this.



7. Fibonacci sequence.

The number of florets is not random. The spirals formed follow a Fibonacci sequence. The first few numbers of a Fibonacci sequence are 0, 1, 1, 2, 3, 5, 8, 13, 21, 34. Each number (after the first 1) is the sum of the two previous numbers. I haven't wrapped my mind around how that relates to the spirals, but for the advanced mathematically inclined, here is a [video on YouTube](#).



8. Heavy metals.

Sunflowers are used in phytoremediation of soil. They can process heavy metals polluting soil, including lead, arsenic, zinc, chromium, copper and manganese. They were used at the site of the Chernobyl nuclear disaster for cleanup.



9. Heliotropic.

Just like winter-weary Canadians, sunflowers turn their faces toward the sun before they open up and for a short time thereafter. This is thought to be to collect warmth because pollinators prefer warm flowers. Having them all face the same direction makes sunflower fields particularly photogenic.



10. Get your seeds now.

People across Canada and around the world are planning to plant sunflowers this year to show support of Ukraine in their struggles. Nothing could be simpler than popping a few seeds about ½ inch into the soil in a sunny spot after the last frost date. The seeds will germinate within two weeks.



Brantford Master Gardeners Tips From The Watering Can

Join our Brantford Master Gardeners. We are experienced gardeners who started out as Master Gardeners in Training and had the opportunity to study horticulture through Guelph University courses and once we received our MG status continued to upgrade our skills through technical training. Our ongoing mandate is to provide horticultural advice to the general public through garden tours, community events, on-line and talks. We would love to have you join our group. Contact Lynne Goulet-Smith, Coordinator – lgs.granderie.mg@rogers.com

Plant Sale Best Practices to Stop the Spread of Jumping Worms

*Invasive Asian Jumping Worms (JWs) were confirmed in multiple locations in Ontario in the summer of 2021.

*Jumping Worms are a serious threat to our gardens and forests.

*There is currently no viable option for controlling Jumping Worms, so it is crucial to stop them from spreading.

*This document was created to support organizations involved in buying or selling plants, especially at local plant sales.

Please see the attached document for much more information on this important topic.

Hort Humour!!!



Wear Your Galt Horticultural Society Logo Wear With Pride!



GHS Logo Wear

Get your own Galt Horticultural Society T-Shirt and/or Hoodie. This is a sample of the embroidered crest included on the item.

T-shirts: \$20.50 + tax.

Unisex Hoodies: \$36.00 + tax.

For more information or to place an order, follow this link:

[GHS Logo Wear](#)



GHS Website: <https://galthort.com/>

Year of the Garden

Année du jardin

